



Temporomandibular Joint Assessment and Treatment Workshop

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Sunday October 6th 2013



4553 Pierre-De Coubertin, Montréal H1V-3N7
Metro VIAU

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Course Description

A dynamic hands-on manual course designed for the therapist who wants to learn manual skills to assess and treat the temporomandibular joint. The joint assessment of the TMJ, will include the anatomy, mechanics, trigger points and dysfunctions. A treatment protocol will be developed and manual correction for the joint, muscle and fascia will be taught. Techniques will be demonstrated and the manual skills will be performed in partners.

This course is intended for athletic therapists, physiotherapists and osteopaths.

CEU's CATA 3, CMTO 3.5, OAO 7

Agenda

Sunday Oct 6, 2013

- 8h30 Registration**
- 9h– 9h45 Anatomy of the TMJ**
 - a) arthrology
 - b) myology
 - c) fascia
- 9h45 –10h30 Mechanics of the TMJ**
- 10h30–12h Assessment of the TMJ**
- 12h – 13h Lunch**
Restaurants close by
- 13h – 17h Treatment of the TMJ**
 - a) Manual techniques for the TMJ, mandible, maxilla, TMJ ligaments
 - b) Home exercises
 - c) Postural corrections



Course Objectives

The participant will be able to:

- 1) Review the anatomy and mechanics of the temporomandibular joint
- 2) Assess for the dysfunctional components of the TMJ (arthrological, myological, fascial)
- 3) Learn manual techniques for treatment of the pathology of the temporomandibular joint.
- 4) Practice manual techniques to regain accessory movements, stretch shortened ligament and muscle tissue, release fascia, correct the mobility of the joint.

Cost (Taxes included TPS + TVQ)

TMJ and Cranial nerves	585 \$
TMJ only CAT(C)	292.50\$ / 325 \$
Cranial nerves only	325 \$

No refund past September 27th, 50\$ processing fee for cancellation prior to September 27th.

Registration

Payment to: STADIUM PhysiOsteo
4553 Pierre-De Coubertin, Montréal H1V 3N7
514-259-4553 formation@StadiumPO.com
Registration form available on the Web site:
www.StadiumPO.com
Brigitte Le Jossec 514-259-4553 poste 207